



[Can't Pass It On Training about U=U](#)

The fact that **an undetectable viral load means a zero risk of sexual transmission** is an important public health message, alongside the fact that treatment means people living with HIV can live long and healthy lives. U=U helps to dismantle HIV stigma; promotes testing, encourages access to treatment and engagement in care and has the potential to transform the reproductive, sexual, social and personal lives of people living with HIV.

However, research has shown that healthcare professionals aren't always getting this message across to people living with HIV. This has a negative impact by perpetuating fears and anxiety about HIV transmission risk.

Terrence Higgins Trust has created a new self-directed learning resource for all healthcare professionals as well as anyone working with people living with HIV. The training includes modules on:

- The 'Evidence supporting U=U' featuring Professor Alison Rodger who was the lead author on the Partner 1 and Partner 2 studies.
- Talking to patients about U=U featuring Professor Chloe Orkin the previous chair of the British HIV Association who was is a key champion of the U=U campaign
- Dealing with difficult questions featuring Terrence Higgins Trust's Medical Director, Dr Michael Brady.
- Discussing U=U in the context of primary care featuring Dr Melissa Gardner, GP and Director of the social enterprise Sexual Health in Practice (SHIP) that teaches GPs and practice nurses about sexual health in primary care.
- The patient's perspective – featuring a range of people living with HIV sharing their views on what U=U means to them and how it has impacted them.
- The Global perspective featuring Bruce Richman founder of the Prevention Access Campaign.

There are also patient resources for you to use in your healthcare setting, a CPD log to reflect on what you have learnt and free downloadable training resources to use to train colleagues about U=U that includes PowerPoint presentations and case studies that will support training about a range of scenarios that may be encountered in clinical settings.

[Please check out the training here](#) and share it with your local primary care and other networks.